



PHYSICAL AND SPORTING ACTIVITY SCIENCES DEGREE

ACADEMIC YEAR 2017/2018

Studies	Physical and Sporting Activity Sciences Degree
Centre	Faculty of Education: Universidad Autónoma de Madrid Campus de Cantoblanco 28049 – Madrid Phone: 914978623 Web page
Knowledge Branch	Social and Legal Sciences
ECTS Credits	240

ECTS CREDITS

Basic training (FB)	60
Compulsory (OB)	120
Optional (OP)	42
External practical (PE)	12
End-of-degree Project (TFG)	6
Total	240

FIRST YEAR

Code	Subject	Credits	Type	Semester
16800	SOCIOLOGY OF PHYSICAL ACTIVITY AND SPORT	6	FB	1
16801	PHYSICAL EDUCATION: TEACHING AND LEARNING	6	FB	1
16802	PSYCHOLOGY OF PHYSICAL ACTIVITY AND SPORT	6	FB	1
16803	BASIC MOTOR LEARNING AND GAMES	6	OB	1
16804	BODY EXPRESSION	6	OB	1
16805	TECHNOLOGIES APPLIED TO PHYSICAL ACTIVITY	6	FB	2
16806	FUNCTIONAL HUMAN ANATOMY	6	FB	2
16807	SPORT INITIATION	6	OB	2
16808	FOUNDATIONS OF COLLECTIVE BALL SPORTS AND THEIR DIDACTICS I	6	OB	2
16809	FOUNDATIONS OF INDIVIDUAL SPORTS AND THEIR DIDACTICS I	6	OB	2

SECOND YEAR

Code	Subject	Credits	Type	Semester
16810	HUMAN PHYSIOLOGY	6	FB	1
16811	HUMAN BIOMECHANICS	6	FB	1
16812	FOUNDATIONS OF COLLECTIVE BALL SPORTS AND THEIR DIDACTICS II	6	OB	1

16813	FOUNDATIONS OF INDIVIDUAL SPORTS AND THEIR DIDACTICS II	6	OB	1
16814	FOUNDATIONS OF OPPOSITION SPORTS AND THEIR DIDACTICS	6	OB	1
16815	PHYSIOLOGY OF EXERCISE	6	FB	2
16816	FOUNDATIONS OF COLLECTIVE BALL SPORTS AND THEIR DIDACTICS III	6	OB	2
16817	HISTORY OF PHYSICAL ACTIVITY AND SPORT	6	FB	2
16818	APPLIED STATISTICS TO PHYSICAL ACTIVITY AND SPORT	6	FB	2
16819	OUTDOOR PHYSICAL AND SPORT ACTIVITIES	6	OB	2

THIRD YEAR

Code	Subject	Credits	Type	Semester
16820	TEACHING OF PHYSICAL ACTIVITY AND SPORT I	6	OB	1
16821	SPORT AND EDUCATION	6	OB	1
16822	MANAGEMENT OF SPORT FACILITIES, RESOURCES AND EVENTS	6	OB	1
16823	SPORT COACHING I	6	OB	1
16824	PHYSICAL ACTIVITY AND QUALITY OF LIFE	6	OB	1
16825	SPORT COACHING II	6	OB	2
16826	TEACHING OF PHYSICAL ACTIVITY AND SPORT II	6	OB	2
16827	NEW TRENDS IN PHYSICAL ACTIVITY	6	OB	2
16828	PHYSICAL ACTIVITIES FOR PEOPLE WITH DISCAPACITIES	6	OB	2
16829	SPORT LEASURE AND RECREATION	6	OB	2

FOURTH YEAR

Subject	Credits	Type	Semester
OPTIONAL ITINERARIES OF PROFESSIONAL ORIENTATION	42	OP	1 and 2
PRACTICUM	12	PE	2
END-OF-DEGREE PROJECT	6	TFG	2

OPTIONAL SUBJECTS**MAJOR IN SPORTS COUNSELING**

Code	Subject	Credits	Type	Semester
16832	SPORTS TACTICS AND STRATEGY	6	OP	1
16833	PROGRAMMING AND TIMING IN SPORT TRAINING	6	OP	1
16835	TRAINING SYSTEMS: SPORT, AGE, GENDER AND RETRAINING	6	OP	1
16837	FATIGUE AND RECOVERY IN SPORT TRAINING AND COMPETITION	6	OP	1
16838	SPORT TRAINING, MOTIVATION AND COMPETITION	6	OP	1
16834	SPORT PERFORMANCE EVALUATION AND TRAINING ADJUSTMENT	6	OP	2
16836	SPORT TRAINING AND TECHNOLOGY	6	OP	2
19056	END-OF-DEGREE PROJECT MAJOR IN SPORT COACHING	6	TFG	2
19057	PRACTICUM MAJOR IN SPORT COACHING	12	PE	1 and 2

MAJOR IN PHYSICAL EDUCATION COUNSELLINGSPTS

Code	Subject	Credits	Type	Semester
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16846	SCHOOL PHYSICAL EDUCATION: EVOLUTION IN THE CURRICULUM CONTEXT	6	OP	1
16847	DIDACTICS OF PHYSICAL EDUCATION	6	OP	1
16848	PHYSICAL EDUCATION CONTENTS AND DIDACTICAL APPLICATIONS I	6	OP	1
16849	PHYSICAL EDUCATION CONTENTS AND DIDACTICAL APPLICATIONS II	6	OP	1
16850	TEACHING AND LEARNING ASSESSMENT IN PHYSICAL EDUCATION	6	OP	1
16851	PHYSICAL EDUCATION AND DIVERSITY: ANALYSIS AND PROPOSALS	6	OP	2
16852	EDUCATION, HEALTH AND FIRST AID	6	OP	2
19058	END-OF-DEGREE PROJECT MAJOR IN PHYSICAL EDUCATION TEACHING	6	TFG	2
19059	PRACTICUM MAJOR IN PHYSICAL EDUCATION TEACHING	12	PE	2

MAJOR IN PHYSICAL ACTIVITY AND HEALTH

Code	Subject	Credits	Type	Semester
16860	PHYSICAL ACTIVITY AND HEALTH PROMOTION: CONCEPTS, FACTORS AND TENDENCIES	6	OP	1
16861	HEALTHY PHYSICAL ACTIVITY FROM INFANCY TO SENIOR CITIZEN AGE	6	OP	1
16862	PHYSICAL ACTIVITY FOR HEALTH IN PEOPLE WITH SPECIAL NEEDS	6	OP	1
16863	WATER ACTIVITIES AND HEALTH	6	OP	1
16865	ERGONOMICS AND DIET FOR PHYSICAL ACTIVITY	6	OP	1
16864	RHYTHM AND EXPRESSION ACTIVITIES AND RELAXATION FOR HEALTH	6	OP	2
16866	ASSESSMENT IN PHYSICAL ACTIVITY AND HEALTH: PEOPLE, PROGRAMS AND MEANS	6	OP	2
19060	END-OF-DEGREE PROJECT MAJOR IN PHYSICAL ACTIVITY AND HEALTH	6	TFG	2
19061	PRACTICUM MAJOR IN PHYSICAL ACTIVITY AND HEALTH	12	PE	2

OPTIONAL SUBJECTS NOT OFFERED IN 2017/2018

MAJOR INSPTS MANAGEMENT COUNSELLING (NOT OFFERED)

Code	Subject	Credits	Type	Semester
16839	SPORT MARKETING AND NEW TRENDS IN SPORT AND PHYSICAL ACTIVITIES	6	OP	
16840	STRATEGIC DIRECTING IN SPORT	6	OP	
16841	FACILITIES AND EVENT MANAGEMENT	6	OP	
16842	HUMAN RESOURCES MANAGEMENT IN SPORT ORGANIZATIONS	6	OP	
16843	SPORT STRUCTURE AND ORGANISATION	6	OP	
16844	ENGLISH APPLIED TO THE REALM OF SPORT MANAGEMENT	6	OP	
16845	DIGITAL NETWORKS AND MATERIALS FOR SPORT MANAGEMENT	6	OP	
19062	END-OF-DEGREE PROJECT MAJOR IN SPORT MANAGEMENT	6	TFG	
19063	END-OF-DEGREE PROJECT MAJOR IN RECREATIONAL SPORT	12	PE	

MAJOR IN RECREATIONAL SPORTS COUNSELLING	(NOT OFFERED)
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Code	Subject	Credits	Type	Semester
16853	SPORT AND PHYSICAL ACTIVITY WITHIN THE RECREATION CONTEXT: EVOLUTION AND ACTUAL TENDENCIES	6	OP	
16854	RECREATIONAL SPORT AND PHYSICAL ACTIVITY FOR DIVERSE POPULATIONS: FROM INFANTS TO SENIOR CITIZENS	6	OP	
16855	SPORT AND PHYSICAL ACTIVITY FOR PERSONS WITH DISABILITIES	6	OP	
16856	ENVIRONMENTAL KNOWLEDGE FOR THE PRACTICE OF SPORT IN RURAL AND URBAN CONTEXTS	6	OP	
16857	DIRECTION, PROMOTION AND EVALUATION OF RECREATIONAL SPORT	6	OP	
16858	BODY EXPRESSION AND RECREATIONAL DANCES	6	OP	
16859	ENGLISH APPLIED TO THE CONTEXT OF RECREATIONAL SPORT	6	OP	
19064	END-OF-DEGREE PROJECT MAJOR IN RECREATIONAL SPORT	6	TFG	
19065	PRACTICUM MAJOR IN RECREATIONAL SPORT	12	PE	