INSTRUCCIONES GENERALES Y VALORACIÓN
1. El alumno dispone de dos opciones para contestar (A y B). Debe escoger sólo una de ellas.
2. Lea todo el texto cuidadosamente.
3. Lea atentamente todas las preguntas de la prueba.
4. Proceda a responder en lengua inglesa a las preguntas en el papel de examen.
TIEMPO: 1 hora y 30 minutos.
CALIFICACIÓN: La puntuación máxima de la prueba es de 10 puntos.

Nomophobia: Mobile Phone Addiction

Are you addicted to your phone? According to a recent survey in the UK, almost two thirds of respondents were afflicted with “nomophobia” or “no mobile-phone phobia”. “Some people get panic attacks when they are without their phones,” said Michael Carr, an adolescent psychologist. “Others become very concerned and make all endeavors to locate their mobile phone. I have clients who abstain from school or their part-time jobs to look for their phones when they cannot find them in the morning.”

According to the survey, the younger you are, the more prone you are to nomophobia. The youngest age group (18-24) tops the nomophobic list at 77%, which is 11% more than that of the next group – those aged 25-34. “This is the most tribal generation of young people,” said Carr. “Adolescents want to be with their friends on a 24-hour basis.”

The reasons that drive young people to nomophobia include boredom and insecurity, while some young nomophobes cannot bear solitude. “Many of my clients go to bed with their mobile phones just like one did with a teddy bear in the old days,” he said. “While teddy doesn’t communicate, the phone does,” said Carr, adding insomnia to the list of potential problems. “Some kids cannot entertain themselves. The phone has become our digital security blanket.”

Accidents lurk while nomophobes fix their attention on phones. Nomophobes reported accidents while messaging or talking on the phone, which include minor road accidents, falling while going upstairs or downstairs and stumbling while walking. More than 20% also reported pain in the thumbs due to excessive texting.

QUESTIONS
1.- Are the following statements TRUE or FALSE? Copy the evidence from the text. No marks are given for only TRUE or FALSE.
   a) The “nomophobia” study was carried out on an international basis.
   b) A number of phone addicts cannot stand to feel lonely.
   (Puntuación máxima: 2 puntos)

2.- In your own words and based on the ideas in the text, answer the following questions. Do not copy from the text.
   a) What are the symptoms of “nomophobia”? Mention three.
   b) What kind of accidents and injuries can nomophobes have?
   (Puntuación máxima: 2 puntos)

3.- Find the words in the text that mean:
   a) anxious (paragraph 1)
   b) attempts (paragraph 1)
   c) inclined (paragraph 2)
   d) because of (paragraph 4)
   (Puntuación máxima: 1 punto)

4.- Complete the following sentences. Use the appropriate form of the word in brackets when given.
   a) Individuals _____ use their mobile phone for more _____ 3 hours a day have a _____ (good) chance of getting nomophobia.
   b) Experts suggest _____ (switch off) our mobile phones while _____ (drive).
   c) Since 2007, nomophobia in India _____ (grow) to about 45% of the population.
   d) Have you ever slept with your mobile phone?
   The doctor asked me……..
   (Puntuación máxima: 2 puntos)

5.- Write about 100 to 150 words on the following topic.
   Do you think Spanish teenagers are addicted to their mobile phones? Give reasons for your answer.
   (Puntuación máxima: 3 puntos)
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Women and Sustainability

According to professor McElhaney, founder of the Centre for Responsible Business at the University of California, companies that empower women are more likely to act sustainably. It has been found that businesses with more women on their board of directors are more likely to manage and improve their energy efficiency, invest in renewable power, measure and reduce their carbon emissions, improve access to healthcare in developing countries and have anti-corruption policies. What is more important, women have strong partnerships with local communities.

But why is this? Do men have by nature unsustainable ways of acting in the world? Does testosterone fuel the exploitation of our planet and its people? Are women our best hope for creating a sustainable future?

Elle Carberry, co-founder of China G. Initiative, believes that women may be drawn to sustainability because of its social angle. “From all my 20 years in business, I have met more women working in this area than in others,” she says. In China, women appear to be playing an increasingly important role in sustainability and for one Chinese woman in particular, it turned her into the wealthiest self-made woman in the world. Zhang Yin is the founder of a recycling company that buys scrap paper from the US, imports it into China, and turns it mainly into cardboard for use in boxes to export Chinese goods.

However, despite this and many other role models, millions of women are still under-represented, but the hope is that more will be empowered to join the sustainability revolution.

QUESTIONS

1.- Are the following statements TRUE or FALSE? Copy the evidence from the text. No marks are given for only TRUE or FALSE.
   a) One of the reasons why women succeed in the sustainability sector is because they maintain close contacts with the locals.
   b) Elle Carberry’s experience reveals that there is a higher proportion of women in the sustainability sector as compared to others.
   (Puntuación máxima: 2 puntos)

2.- In your own words and based on the ideas in the text, answer the following questions. Do not copy from the text.
   a) Name three advantages of having female top executives in this sector.
   b) Why has Zhang Yin become so successful?
   (Puntuación máxima: 2 puntos)

3.- Find the words in the text that mean:
   a) give authority to (paragraph 1)
   b) attracted (paragraph 3)
   c) seem (paragraph 3)
   d) products (paragraph 3)
   (Puntuación máxima: 1 punto)

4.- Complete the following sentences. Use the appropriate form of the word in brackets when given.
   a) Nick: How _____ do top executives attend conferences on recycling?
      Sue: Once a year.
   b) Zhang Yin's recycling company invested in _____ (buy) new equipment for special services. In 2006, she topped the list of the wealthiest people in China and by 2010 her fortune was _____ (great) than that of J. K. Rowling, the author of Harry Potter.
   c) A few years ago, I _____ (invite) to speak to an organisation in Shanghai called “Women in Sustainability Action”, _____ was set up in 2000.
   d) Albert studied at a very prestigious university. If he _____ (not obtain) good marks, he _____ (not get) such a good job.
   (Puntuación máxima: 2 puntos)

5. Write about 100 to 150 words on the following topic. Are there some jobs which are more appropriate for men than for women? State your opinion and give specific reasons and examples.
   (Puntuación máxima: 3 puntos)