Cavity-Induced Modifications of Molecular Structure in the Strong-Coupling Regime

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In most theoretical descriptions of collective strong coupling of organic molecules to a cavity mode, the molecules are modeled as simple two-level systems. This picture fails to describe the rich structure provided by their internal rovibrational (nuclear) degrees of freedom. We investigate a first-principles model that fully takes into account both electronic and nuclear degrees of freedom, allowing an exploration of the phenomenon of strong coupling from an entirely new perspective. First, we demonstrate the limitations of applicability of the Born-Oppenheimer approximation in strongly coupled molecule-cavity structures. For the case of two molecules, we also show how dark states, which within the two-level picture are effectively decoupled from the cavity, are indeed affected by the formation of collective strong coupling. Finally, we discuss ground-state modifications in the ultrastrong-coupling regime and show that some molecular observables are affected by the collective coupling strength, while others depend only on the single-molecule coupling constant.

I. INTRODUCTION

Strong coupling in quantum electrodynamics is a well-known phenomenon that occurs when the coherent energy exchange between a light mode and quantum emitters is faster than the decay and decoherence of either constituent [1,2]. The excitations of the system are then hybrid light-matter excitations, so-called polaritons, that combine the properties of both constituents. Exploiting these properties enables new applications, such as polariton condensation under collective strong coupling to excitons (excited electron-hole pairs) in semiconductors [3,4] and organic materials [5–7]. Organic materials present a particularly favorable case, as the Frenkel excitons in these materials possess large binding energies, large dipole moments, and can reach high densities. This enables Rabi splittings $\Omega_R$ (the energy splitting between the polaritons) up to more than 1 eV [8–10], a significant fraction of the uncoupled transition energy. These properties allow for strong coupling to many kinds of electromagnetic (EM) modes [11], such as cavity photons [8,9,12], surface plasmon polaritons [13–16], surface lattice resonances [17,18], or localized surface plasmons [19,20].

While organic molecules are thus uniquely suited to achieving strong coupling, they are not simple two-level quantum emitters, but rather have a complicated level structure including not only electronic excitations but also rovibrational degrees of freedom (schematically depicted in Fig. 1). It has been experimentally demonstrated that strong coupling can modify this structure, in the sense that material properties and chemical reaction rates change [21–23]. However, the models used to describe strong coupling are often focused on macroscopic descriptions [24], and most microscopic models do treat organic molecules as two-level systems (see Ref. [25] for a recent review). When the rovibrational degrees of freedom are taken into account, this is often done using effective decay and dephasing rates [26], with a few works explicitly including a phononic degree of freedom [27–30]. All of

![FIG. 1. Illustration of energy level structure of a bare complex molecule and the hybrid states that result in the strong-coupling regime with a photonic mode of energy $\hbar \omega_c$, resonant with the molecular excitation.](image-url)
these approaches only provide limited insight into the effects of strong coupling on molecular structure. Furthermore, even the models that include phononic modes treat them as harmonic oscillators with a quadratic potential. This is a good approximation close to the potential minimum, but breaks down when the nuclei start moving significantly, e.g., in a chemical reaction.

In the present work, we thus aim for a microscopic description of strong coupling with organic molecules. We introduce a simple first-principles model that fully describes nuclear, electronic, and photonic degrees of freedom, but can be solved without approximations. This allows us to provide a simple picture for understanding the induced modification of molecular structure.

In Sec. II, after introducing the model, we discuss under which conditions and in which form the Born-Oppenheimer approximation (BOA) [31,32] is valid in the strong-coupling regime for a single molecule. The BOA is widely used in molecular and solid-state physics and quantum chemistry and provides a simple picture of nuclei moving on effective potential energy surfaces (PES) generated by the electrons, which underlies most of the current understanding of chemical reactions [32]. However, the BOA depends on the separation of electronic and nuclear energy scales, i.e., the fact that electrons typically move much faster than nuclei. It could thus conceivably break down when an additional, intermediate time scale is introduced under strong coupling to an EM mode. The speed of energy exchange between field and molecules is introduced under strong coupling to an EM mode. The breakdown when an additional, intermediate time scale is much faster than nuclei. It could thus conceivably happen under which conditions and in which form the Born-Oppenheimer approximation (BOA) is valid in the strong-coupling regime for a single molecule.

In the present work, we thus aim for a microscopic description of strong coupling with organic molecules. We introduce a simple first-principles model that fully describes nuclear, electronic, and photonic degrees of freedom, but can be solved without approximations. This allows us to provide a simple picture for understanding the induced modification of molecular structure.

In Sec. III, we focus on the effects of strong coupling when more than one molecule is involved, using two molecules as the simplest test case. In experiments, strong coupling is achieved by collective coupling to a large number of molecules, under which the Rabi frequency is enhanced by a factor of \( \sqrt{N} \). The number of emitters \( N \) is on the order of \( \gtrsim 10^9 \) within cavities [8-10,12], with plasmonic nanoparticle modes allowing us to reduce this to \( N \approx 100 \) [20]. In this context, it is well known that only a small fraction of the collective electronic excitations are strongly coupled [25,33,34], with a large number of “dark” or “uncoupled” modes that show no mixing with the EM mode and no energy shift. We show that even these dark modes are affected by strong coupling, with the nuclear motion of separated molecules becoming correlated.

In Sec. IV, we focus on the so-called ultrastrong-coupling regime, where the Rabi frequency reaches a significant fraction of the electronic transition energy, as achieved in experiments. In this regime, not just excited-state, but also ground-state properties are modified—for example, the ground state acquires a photonic contribution [24,35]. Accordingly, we discuss whether ground-state properties of organic molecules could be modified by strong coupling. This also allows us to partially answer the open question of what strong coupling means for modifications of chemical structure [36], i.e., whether “all” molecules are modified by it, or only a small subset, or whether we necessarily have to invoke collective modes even when discussing “single-molecule” effects. We show that some observables, such as energy shifts, are determined by the collective Rabi frequency, but other observables, such as the shift in ground-state bond length, are instead determined by the single-molecule coupling strength \( \propto \Omega_R / \sqrt{N} \).

For simplicity, we only treat a single EM mode and completely neglect dissipation in the following. We use atomic units unless stated otherwise (\( 4\pi\epsilon_0 = \hbar = m_e = e = 1 \), with electron mass \( m_e \) and elementary charge \( e \)).

II. SINGLE MOLECULE

In this section, we introduce our model for a single molecule coupled to an EM mode. Because of the exponential scaling with the degrees of freedom, solving the full time-independent Schrödinger equation for an organic molecule without the BOA is an extremely challenging task even modern supercomputers can handle for only very small molecules. We thus employ a reduced-dimensionality model that we can easily solve, both for the bare molecule and after coupling to an EM mode.

A. Method

1. Bare molecule

We work within the single-active-electron approximation, in which all but one electron are frozen around the nuclei, and additionally restrict the motion of the active electron to one dimension \( x \). Furthermore, we treat only one nuclear degree of freedom, the reaction coordinate \( R \). This could correspond to the movement of a single bond in a molecule, but can equally well represent collective motion, e.g., the breathing mode of a carbon ring. The effective molecular Hamiltonian then highly resembles that of a one-dimensional diatomic molecule,

\[
\hat{H}_m = \hat{T}_n + \hat{T}_e + V_{en}(x, R) + V_{nn}(R),
\]

where \( \hat{T}_n = \left( \hat{p}^2 / 2M \right) \) and \( \hat{T}_e = \left( \hat{p}^2 / 2 \right) \) are the nuclear and electronic kinetic energy operators (with \( \hat{P}, \hat{p} \) the corresponding momenta) and \( M \) is the nuclear mass. The potentials \( V_{en}(x, R) \) and \( V_{nn}(R) \) represent the effective electron-nuclei and internuclear interactions, where we assume two nuclei located at \( x = \pm R/2 \). These potentials...
encode the information about the frozen electrons as well as the nuclear structure of the molecule and can be adjusted to approximately represent different molecules.

The electron-nucleus interaction $V_{en}$ contains the interaction of the active electron with each nucleus, as well as with the frozen electrons surrounding it. Assuming a nuclear charge of $Z$, we have $2Z-1$ frozen electrons distributed across the two nuclei. For large distances, the active electron should thus feel a Coulomb potential with an effective charge of $1/2$ from each nucleus. Conversely, at very small distances, the active electron is not affected by the cloud of frozen electrons and feels an effective charge of $Z$. Since we are working within one dimension, we use a soft Coulomb potential to take into account that the electron avoids the singularity at the nucleus. We assume that the electrons perfectly follow nuclear rearrangement, the BOA and thus not shown here.

We have at our disposal ($M$, $Z$, $\alpha$, $r_0$, $D_e$, $R_0$, and $A$), we can approximately fit both the electronic and vibrational structure and absorption spectrum to those of real organic molecules.

We can now solve the stationary Schrödinger equation $\hat{H}_m\Psi(x, R) = E\Psi(x, R)$ for the bare-molecule Hamiltonian Eq. (1) without further approximations by representing $\hat{H}_m$ on a two-dimensional grid in $x$ and $R$. For a bare molecule, the results are virtually identical to those obtained within the BOA and thus not shown here.

We next give a short description of the Born-Oppenheimer approximation for completeness (see Refs. [31,32] for more details). As mentioned above, the basic idea is to exploit the separation between nuclear and electronic time scales and to assume that the electrons perfectly follow nuclear rearrangements without changing state (i.e., adiabatically). This is achieved by separating the Hamiltonian into the nuclear kinetic energy $\hat{T}_n$ and an electronic Hamiltonian $\hat{H}_e(x; R) = \hat{H}_m(x, R) - \hat{T}_n$ that only depends on $R$ parametrically. Diagonalizing $\hat{H}_e$ yields a set $\{\phi_k\}$ of electronic eigenstates for every $R$, with $\hat{H}_e(x; R)\phi_k(x; R) = E_k(R)\phi_k(x; R)$. Without loss of generality, each total eigenstate $\Psi^i$ can be represented by $\Psi^i(x, R) = \sum_k \phi_k(x; R)\chi_k^i(R)$. Inserting this expansion into the Hamiltonian Eq. (1) leads to a set of coupled differential equations,

$$\langle \hat{T}_n + E_k \rangle \chi_k^i(R) + \sum_{k'} C_{kk'}^i \chi_k^i(R) = E_k^i(R),$$

with nuclear motion taking place on potential energy surfaces $E_k(R)$ that are coupled through correction terms $C_{kk'}^i = \langle \phi_k^{i'} | \hat{T}_n | \phi_{k'}^{i'} \rangle + \langle \phi_k^{i'} | \hat{P} / M | \phi_{k'}^{i'} \rangle | \hat{P} |$, where the subscript $i$ indicates that the integration in the bra-kets is only over the electronic coordinate. The Born-Oppenheimer approximation now consists in neglecting the intersurface couplings $C_{kk'}$, which can be shown to be small when the electronic levels are well separated. This gives a set of independent PES $E_k(R)$ on which the nuclei move, where each eigenstate is a product of a single electronic and nuclear wave function, $\Psi^i(x, R) = \phi_k(x; R)\chi_k^i(R)$. The different nuclear functions on each electronic curve correspond to rotational or vibrational excitation. This picture of nuclear motion on PES is extremely powerful and underlies most of the current understanding of chemical reactions [32]. The question of its validity in the strong-coupling regime is thus of central importance for the possible modification of chemical reactions and structure through strong coupling.

In the following, we focus on two model molecules, which approximately reproduce the absorption spectra of rhodamine 6G (R6G) and anthracene molecules that are commonly used in experimental realizations of strong coupling [12,15,17]. Only the first two PES, corresponding to the ground $E_0(R)$ and first electronically excited $E_1(R)$ state, play a role in the results discussed in the following. They are shown in Figs. 2(a) and 2(c), together with the nuclear probability densities $|\chi(R)|^2$ for the lowest vibrational levels on each PES. Importantly, the two models differ significantly in two relevant quantities: the vibrational mode frequency $\omega_{\text{vib}}$ and the offset $\Delta R$, i.e., the change in equilibrium distance between the ground and excited PES. This offset is related to the strength of the electron-phonon interaction and influences the Stokes shift between emission and absorption [37]. The R6G-like model has relatively small vibrational spacing $\omega_{\text{vib}} \approx 70$ meV and small offset $\Delta R \approx 0.018$ a.u., while the anthracene-like model has large vibrational spacing $\omega_{\text{vib}} \approx 180$ meV and large offset $\Delta R \approx 0.092$ a.u. Accordingly, their absorption spectra [Figs. 2(b) and 2(d), obtained from Eq. (6)] are qualitatively different, with anthracene showing a broader absorption peak with well-resolved vibronic subpeaks.

2. Molecule-photon coupling

We now add a photonic mode and its coupling to the molecule (within the dipole approximation) into the molecular Hamiltonian,
where $\hat{\mu}$ is the dipole operator of the molecule ($\hat{\mu} = x$ in our case), $\hat{a}^\dagger$ and $\hat{a}$ are the creation and annihilation operators for the bosonic EM field mode, $\omega_c$ is its frequency, and $g$ is the coupling strength constant, given by the electric field amplitude (along the $x$ axis) of a single photon. In the following, we always set the photon energy $\omega_c$ to achieve “zero detuning,” with $\omega_c$ at the absorption maximum of the molecule. This gives $\omega_c \approx E_{\text{e}}(R_e) - E_{\text{g}}(R_e)$, where $R_e$ is the equilibrium position at which $E_{\text{g}}(R)$ has its minimum.

To provide some context for the field strengths used in the following, we note that for a typical microcavity with a mode volume $V \approx \lambda_0^3$, one obtains $g = \sqrt{\hbar \omega_c / 2e_0 V} \approx 1.34 \times 10^{-7} \omega_c^2$ a.u. (for $\omega_c$ given in eV). However, for an effective mode volume close to the current record achieved in plasmonic nanoantennas, $V \approx 1.3 \times 10^{-7} \lambda_0^3$ [38], the single-particle coupling reaches $g \approx 3.72 \times 10^{-4} \omega_c^2$ a.u. ($\omega_c$ again in eV). We furthermore note that the ground-to-excited-state dipole transition moments of our model molecules are on the order of 1 a.u. $\approx 2.54$ D, i.e., almost an order of magnitude smaller than in typical organic molecules [39].

Compared to the bare-molecule case, the Hamiltonian now includes a new degree of freedom, the photon number $n \in \{0, 1, 2, \ldots\}$, with the system eigenstates defined by $\hat{H}_{mc} \Psi(x, n, R) = E \Psi(x, n, R)$. As discussed above, the typical energies associated with strong coupling in organic molecules are somewhere between the nuclear and electronic energies. A priori, this suggests two options of performing the BOA: the additional terms introduced by the photonic degree of freedom could be grouped either with the “slow” nuclear motion or with the “fast” electronic Hamiltonian. However, as the photon couples to the electron, grouping it with the nuclear terms necessarily leads to additional off-diagonal terms in Eq. (4), and no independent PES on which the nuclei move could be obtained. Consequently, the only way to maintain the usefulness of the BOA is to include the photonic degree of freedom within the electronic Hamiltonian, leading to a new set of “strongly coupled PES.”

We first focus on the singly excited subspace, within which the splitting between polaritons is observed. Here, either the molecule is electronically excited and no photons are present or the molecule is in its electronic ground state and the photon mode is singly occupied. At zero coupling ($g = 0$), this gives two uncoupled PES $[E_{\text{e}}(R) + E_{\text{g}}(R) + \omega_c$, dashed curves in Fig. 3] that cross close to $R_e$ for our choice of $\omega_c$. When the electron-photon coupling is nonzero but small, a narrow avoided crossing develops instead [solid lines in Fig. 3(a)], while for large coupling strengths, the energy exchange between photonic and electronic degrees of freedom is so fast that we observe two entirely new PES [Fig. 3(b)], which cannot be easily associated with either of the uncoupled PES. Instead, they become hybrid polaritonic PES that contain a mixture of electronic and photonic excitation, the hallmark of the strong-coupling regime.

As discussed above, the BOA is known to be valid when two PES are sufficiently separated from each other. This implies that the BOA breaks down when $g$ is small and the two PES possess a narrow avoided crossing. This in itself is not a surprising result—when the electron-photon coupling is very small, the system is not even in the strong-coupling regime, and the photon mode is better treated as a small
perturbation. Fortunately, the weak-coupling regime is also not interesting from the standpoint of understanding or modifying molecular structure through strong coupling. The real question thus must be: How strong does the electron-photon coupling have to be for the BOA to be valid, and is this condition fulfilled for realistic experimental parameters? In order to better quantify the agreement between the BOA and the full solution, we next turn to an easily measured physical observable, the absorption spectrum.

B. Absorption

In order to calculate the absorption spectrum that would be observed under driving by an external field, the details of the experimental setup would have to be taken into account. For example, for a microcavity, an input-output formalism [40], in which the cavity mode is driven by external photons through the cavity mirrors, would be most appropriate. On the other hand, if the molecules are placed next to a metallic nanoparticle, an external field would typically drive both the molecules and the localized surface plasmon resonance. For easier comparison between different values of \( g \), we calculate the absorption under the assumption that only the molecules are directly coupled to the external light source. This allows us to focus on the influence of the molecular structure on the absorption spectrum, without contamination from a peak due to the bare EM mode at low coupling \( g \). We explicitly checked that our conclusions concerning the validity of the BOA do not depend on whether the molecule or the cavity mode is externally driven. Under these assumptions, the absorption cross section at frequency \( \omega \) can be calculated using the optical theorem as [41,42]

\[
\sigma(\omega) = \frac{4\pi\omega}{c} \text{Im} \lim_{\epsilon \to 0} \sum_k \frac{|\langle \psi_k | \hat{\mu} | \psi_0 \rangle|^2}{\omega_k - \omega_0 - \omega - i\epsilon},
\]

where the sum runs over all eigenstates \( |\psi_k \rangle \) of the system (with energies \( \omega_k \)) and \( |\psi_0 \rangle \) is the ground state. As we do not include incoherent processes in our calculation, this would give \( \delta \)-like peaks in the absorption cross section. In the plots shown in the following, we instead introduce a phenomenological width representing losses and pure dephasing by setting \( \epsilon \) to a small nonzero value, such that the absorption cross section becomes a sum of Lorentzians. For the bare-molecule case without coupling to an EM mode, the absorption spectra of our two model molecules approximately agree with those of R6G [Fig. 2(b)] [17] and anthracene [Fig. 2(d)] [12].

In Fig. 4, we compare the absorption cross sections under strong coupling as obtained from a full calculation without approximations to those obtained within the BOA, for a range of coupling strengths \( g \) to the EM mode. Even for relatively small \( g \), the BOA is found to agree almost perfectly with the full results for the R6G-like molecule with small vibrational spacing [Fig. 4(a)]. However, for the anthracene-like molecule with a high-frequency vibrational mode and large offset \( \Delta R \), the BOA only agrees with the full result for relatively large values of \( g \), where the Rabi splitting \( \Omega_R \) (as defined by the energy difference between the two “polariton” peaks in the absorption spectrum) is appreciably larger than the vibrational frequency \( \omega_{\text{vib}} \approx 180 \text{ meV} \) [Fig. 4(b)]. As an aside, we note here that for intermediate values of the coupling strength [e.g., for \( g = 0.002 \text{ a.u.} \) in Fig. 4(b)], the EM mode strongly couples with the individual vibronic subpeaks, as observed in experiments using anthracene [5,12].

This qualitative observation can be quantified by comparing the non-Born-Oppenheimer correction terms \( \hat{C}_{n}^{kk'} \) in Eq. (4) with the energy difference between the anticrossing PES at the point of closest approach. In Appendix A, we present a model that achieves this without any explicit knowledge of the electronic wave functions. It relies on the observation that close to the anticrossing, the coupled (polariton) states switch character between the two uncoupled states, while the “intrinsic” \( R \) dependence of the uncoupled electronic states can be neglected. The correction terms \( \hat{C}_{n}^{kk'} \) can then be obtained just from the knowledge of \( E_g(R) \), \( E_e(R) \), and \( \mu_{eg}(R) \), where \( \mu_{eg}(R) \) is the electronic transition dipole between the ground and excited state. By approximating \( E_g(R) \) and \( E_e(R) \) as harmonic oscillators, the correction terms can be analytically evaluated and are found to be negligible under the condition that \( \Delta R \omega_{\text{vib}}^2/\Omega_R^2 \) is small compared to the nuclear momentum of the relevant eigenstates. This demonstrates that the model molecules present two opposite cases for the applicability of the BO approximation: our R6G-like molecule has a relatively small vibrational spacing \( \omega_{\text{vib}} \approx 70 \text{ meV} \) and small electron-phonon coupling, \( \Delta R \approx 0.018 \text{ a.u.} \), while our anthracene-like model molecule...
has a large vibrational spacing $\omega_{\text{ vib}} \approx 180$ meV and large electron-phonon coupling, $\Delta R \approx 0.092$ a.u.. We note that in many experiments involving organic molecules, $\Omega_R \simeq 500$ meV [9,10] is significantly larger than typical vibrational frequencies $\omega_{\text{ vib}} \lesssim 200$ meV [43]. This shows that the intuitive picture of nuclear dynamics unfolding on uncoupled Born-Oppenheimer potential energy surfaces can often be applied to understand the modification of molecular chemistry induced by strong coupling. Additionally, even when the BOA breaks down, the model presented in Appendix A can be used to obtain the non-BO account, even the dark modes are affected by strong coupling and the nuclear dynamics of separate molecules become correlated.

### III. TWO MOLECULES

In the previous section, we show that on the single-molecule level, the BOA is valid as long as the Rabi splitting $\Omega_R$ is large enough. However, current experiments are performed with a large number of molecules, where coherent superpositions of electronic excitations (bright “Dicke states” [44]) couple strongly to the photonic mode(s), while other superpositions give uncoupled or dark modes. It is thus important to consider if and how our conclusions have to be modified when more than a single molecule is involved in strong coupling.

For later reference, we give a quick overview of the theory when using an ensemble of two-level emitters coupled to a photonic mode, i.e., the many-particle Jaynes-Cummings (JC) model [45], also known as the Tavis-Cummings model [46]. Its Hamiltonian within the rotating wave approximation is

$$\hat{H}_{\text{JC}} = \omega_c \hat{a}^{\dagger} \hat{a} + \sum_i \omega_i \hat{c}_i^{\dagger} \hat{c}_i + \sum_i g_i (\hat{a} \hat{c}_i^{\dagger} + \hat{c}_i \hat{a}^{\dagger}),$$

where $\omega_i$ is the energy of emitter $i$ with destruction (creation) operator $\hat{c}_i (\hat{c}_i^{\dagger})$ and the $g_i$ describe the emitter-photon couplings. For identical emitters ($\omega_i = \omega_m, g_i = g$), the resulting eigenstates in the single-excitation subspace are given by two polaritons $|\pm\rangle = (1/\sqrt{2})(|\hat{a}^{\dagger}|0\rangle \pm |\hat{B}\rangle)$, symmetric and antisymmetric combinations of the photonic mode with the emitter bright state $|\hat{B}\rangle = (1/\sqrt{N})\sum \hat{c}_i^{\dagger}|0\rangle$. At zero detuning ($\omega_c = \omega_m$), the polaron energies are given by $\omega_+ = \omega_m + \Omega_R/2$, where $\Omega_R = 2g/\sqrt{N}$ is the collective Rabi splitting. The $N-1$ superpositions of emitter states orthogonal to $|\hat{B}\rangle$ are dark states that are not coupled to the photonic mode, with energies identical to the uncoupled emitters, $\omega_{\text{DS}} = \omega_m$. Note that in configurations with many photonic modes (e.g., planar cavities), more than one emitter state is coupled to the photonic mode (typically at low in-plane momentum), but there remain many uncoupled (dark) modes at higher in-plane momentum [25,34]. There is an ongoing discussion in the literature on whether the dark modes are affected by strong coupling as well, or whether they should be thought of as completely unmodified emitter states. We show below that when taking the internal structure of the emitters (molecules) into account, even the dark modes are affected by strong coupling and the nuclear dynamics of separate molecules become correlated.

#### A. Method

We now treat the case of two model molecules, which can still be solved exactly within our approach, but which displays many of the effects of many-molecule strong coupling. As in the JC model, we assume that the two molecules both couple to the same photonic mode, but do not directly interact with each other, giving

$$\hat{H}_{\text{me}}^{2m} = \omega_c \hat{a}^{\dagger} \hat{a} + \sum_{j=1,2} [\hat{H}_m^{(j)} + g_\mu^{(j)} (\hat{a}^{\dagger} \hat{a})],$$

where the superscripts $j$ indicate the molecule on which the operator acts. Directly diagonalizing this Hamiltonian in the “raw” basis $\{x_1, R_1, x_2, R_2, n\}$ is already a formidable computational task for typical grid sizes. We thus calculate the full solution by first diagonalizing the single-molecule Hamiltonian, $\hat{H}_m = \sum_k E_k |k\rangle \langle k|$, and including only a relevant subset of eigenstates $\{k\}$ for each molecule in the total basis $\{k_1, k_2, n\}$. The number of necessary eigenstates to obtain completely converged results is quite small ($\approx 30$ per molecule). However, this approach only provides limited insight into the dynamics of the strongly coupled system, especially regarding nuclear motion.

We thus again apply the Born-Oppenheimer approximation by separating the nuclear kinetic energy terms and diagonalizing the remaining Hamiltonian parametrically as a function of $R_1$ and $R_2$. Similar to above, instead of working in the $\{x_1, x_2, n\}$ basis for each combination $\{R_1, R_2\}$, we prediagonalize the single-molecule electronic Hamiltonian $\hat{H}_e(x; R) = \sum_k E_k (R) |k(R)\rangle \langle k(R)|$, where (for the cases discussed here) the sum only has to include the ground and first excited states to achieve convergence, $k \in \{g, e\}$. If we additionally allow at most one photon in the system, $n \in \{0, 1\}$, we obtain an $8 \times 8$ Hamiltonian for each combination of nuclear coordinates $R_1, R_2$.

The electronic Hamiltonian consists of all possible combinations of electronic states $E_{ee}, E_{ce}$ of the two molecules with 0 or 1 photons. A further simplification is achieved by taking into account that the Hamiltonian conserves parity $\Pi = (-1)^{x_1 + x_2 + n}$, with $\pi_j$ the parity of the state of molecule $j$ (gerade or ungerade). For large coupling $g$, this separation by parity avoids some accidental degeneracies between uncoupled PES and thus improves the BOA. We now obtain two independent $4 \times 4$ Hamiltonians,
which determines the linear properties of the system, such as absorption), there are now a range of (avoided) crossings. They occur when (i) all three surfaces approach each other, \( E_{gg0} \approx E_{ge0} \approx E_{eg0} \), (ii) the photonically excited PES is close to only one of the electronically excited PES, \( E_{gg0} \approx E_{ge0} \) or \( E_{gg0} \approx E_{eg0} \), or (iii) only the two electronically excited states cross, \( E_{ge0} \approx E_{eg0} \). Case (i) corresponds to the JC model at zero detuning, giving the two polaritonic PES at energy shifts of \( \pm \Omega_R / 2 \), and an additional dark state that is unshifted from the bare-molecule case. The BOA in this region is thus valid for similar conditions as in the single-molecule case, although the PES separation is reduced by half due to the additional dark-state surface. Case (ii) corresponds exactly to the single-molecule case, with the second molecule acting as a “spectator” that induces only additional energy shifts. The BOA should thus again be valid for similar conditions as with a single molecule, albeit with the coupling reduced by \( 1 / \sqrt{2} \) for a fixed total Rabi splitting. Finally, case (iii) presents the biggest challenge, as the two electronically excited PES, \( E_{eg0} \) and \( E_{ge0} \), are not directly coupled, but only split indirectly through coupling to the photonically excited surface \( E_{gg0} \). The splitting between the two surfaces is thus small for large detuning, \( \Delta E \approx (gd)^2 / 4 (E_{gg0} - E_{eg0}) \). This is clearly observed in Fig. 5(b) along the line \( R_1 = R_2 \), where the dark-state PES almost touches the upper polariton PES for small \( R \)'s and the lower polariton PES for large \( R \).
FIG. 6. Absorption cross section of two molecules driven coherently, calculated using the full Hamiltonian without approximation (solid green lines) and within the BOA (dashed black lines). Results are shown for the (a) R6G-like and (b) anthracenelike model molecules, for several values of the coupling strength \( g \). The values of \( g \) are scaled by \( 1/\sqrt{2} \) with respect to the single-molecule case (Fig. 4) in order to obtain the same total Rabi frequency \( \Omega_R \).

during a given physical process. To explicitly check the BOA in the subspace relevant for polaritonic physics, in Fig. 6 we thus again compare the absorption with that obtained by a full diagonalization of the Hamiltonian Eq. (8). Compared to the single-molecule case, many more molecular levels are present in the system, leading to small changes in the absorption spectra. In order to properly compare the results, we take into account the \( \sqrt{N} \) scaling of the total Rabi frequency and reduce the coupling strengths by \( \sqrt{2} \) to produce the same total splitting. The BOA is shown to again become valid for large enough coupling, but the minimum coupling required is increased compared to that for a single molecule. In the common case of slow nuclear motion, as for our R6G-like model in Fig. 6(a), the BOA is already valid for relatively small Rabi splitting of \( \Omega_R \approx 250 \) eV. However, in the anthracenelike case of very fast vibrational motion, Fig. 6(b), the BOA still does not give perfect agreement with the full model for \( g = 0.0057 \) a.u. (\( \Omega_R \approx 600 \) meV), and agreement is only reached at roughly twice that value.

C. Nuclear correlation

Having established the validity of the BOA for many relevant cases and Rabi splittings comparable to experimental values, we now discuss the implications of collective strong coupling for the internal molecular (nuclear) dynamics. Note that this question, by design, cannot be addressed within the JC model, where emitters are two-level systems without any internal degrees of freedom. In contrast, the BOA provides a straightforward approach to this problem. Any two-dimensional PES can be decomposed into a sum of independent single-molecule potentials plus a remainder that

\[
E(R_1, R_2) = E_0 + \alpha \delta R_1^2 + \alpha \delta R_2^2 + \beta \delta R_1 \delta R_2, \tag{11}
\]

with \( E_0 = E(R_1^0, R_2^0) \) and \( \delta R_i = R_i - R_i^0 \). Note that due to symmetry under the exchange \( R_i \leftrightarrow R_j \), the prefactor \( \alpha \) is the same for \( \delta R_1^2 \) and \( \delta R_2^2 \). As can be seen in Fig. 7, both the polariton and even the dark-state PES show significant coupling of the nuclear degrees of freedom, with values of \( \beta/\alpha \) on the order of a few percent for values of \( g \lesssim 0.01 \) a.u. giving Rabi splittings of \( \lesssim 1 \) eV (see Fig. 6). Interestingly, the coupling is much larger for the lower polariton PES than for either the upper polariton or the dark-state PES, and decreases with increasing \( g \) for all three PES. We therefore conclude that even dark states that have negligible mixing with photonic modes are affected by strong coupling, in the sense that the nuclear degrees of freedom of separate molecules behave like coupled harmonic oscillators, and their motion becomes correlated. This implies that, e.g., local excitation of nuclear motion within one molecule could affect the nuclear motion in another, spatially separated molecule, even when no photon is ever present in the EM mode of the system.

Note that the BOA results predict monotonically increasing correlation for arbitrarily small (but nonzero) values of \( g \). This again shows that the BOA is not correct in the limit of small coupling \( g \to 0 \), where the correlation should also
go to zero as the molecules are completely uncoupled. We thus start Fig. 7 at \( g = 0.002 \text{ a.u.} \), for which the BOA already produces good agreement with the full result in the absorption cross section (cf. Fig. 6), and note that our results indicate that there is a maximum of correlation in the nuclear motion at intermediate coupling strengths. In Appendix B, we additionally present results for the mutual information of the nuclear probability distribution obtained under driving of a single molecule, which allow us to compare the BOA prediction with the results of a full diagonalization of the Hamiltonian, and also allow us to phenomenologically include decay processes.

All results above are obtained using two molecules. An important question is thus whether the same correlation could be observed when using macroscopically large numbers of molecules. While an exhaustive answer is outside the scope of the current paper, initial tests using three molecules indicate that the observed correlation in nuclear motion does survive as the number of molecules is increased.

Note that all of the results discussed here apply within the singly excited subspace, i.e., the coupled nuclear motion is observed only when electronic excitation is present, not in the ground state. In the next section, we discuss which modifications of the ground state properties could be observed in the ultrastrong-coupling regime.

IV. ULTRASTRONG COUPLING AND GROUND-STATE MODIFICATIONS

Up to now, we have focused on the molecular properties in the singly excited subspace, which are probed in linear response measurements such as absorption and transmission, and where the effect of strong coupling is immediately apparent. However, when the Rabi frequency, i.e., the energy exchange rate between the molecules and the photonic mode, becomes significant compared to the frequencies of these two modes, the so-called ultrastrong-coupling regime is entered [21–24,35]. In this regime, the rotating wave approximation for the emitter-light interaction (under which the number of excitations is conserved) becomes invalid. In our approach, the rotating wave approximation is not used, and we can thus naturally explore the ultrastrong-coupling regime. One of its most intriguing predictions is that even the ground-state properties of the system should be significantly modified. For example, the ground state is shifted in energy and acquires a photonic component, such that a number of virtual photons are present in the system even without any external excitations. This raises the question of how the internal degrees of freedom of organic molecules are affected when this regime is entered.

The BOA is valid for all coupling strengths. The ground-state potential energy surface \( E_g(R) \) is coupled to the doubly excited surface \( E_x(R) + \omega_s \) [cf. Eq. (9a)], with the strongly coupled ground-state PES given to lowest order by

\[
E^{\text{SC}}_{g}(R) \approx E_{g}(R) - \Omega^2 R^2 \quad \text{and} \quad E^{\text{SC}}_{x}(R) \approx E_{x}(R) + \Omega^2 R^2.
\]

Ground-state properties such as bond length are determined by the shape of the PES. The largest modification can thus be expected when the \( R \) dependence of the ground and excited PES is as different as possible. This occurs for large electron-phonon coupling, i.e., a large value of \( \Delta R \), such as in our anthracene molecule. For a coupling strength of \( g = 0.016 \) a.u., corresponding to a Rabi splitting of \( \Omega_R \approx 1.2 \text{ eV} \) in absorption, we obtain a shift in the ground-state bond length of \( \Delta R_0 \approx 0.84 \text{ mÅ} = 84 \text{ fm} \). While small, such a change in bond length could be detectable using x-ray absorption fine-structure spectroscopy or x-ray crystallography, which can obtain few- or even subfemtometer precision for measuring bond-length shifts [47,48].

However, the previous paragraph applies only for a single molecule under strong coupling. Repeating the calculation using two molecules and taking into account the reduced single-molecule coupling strength (for fixed Rabi splitting, \( \Omega_R \propto \sqrt{N}g \)) reveals a reduction of the bond-length change by a factor of 2, \( \Delta R_0 \approx 0.42 \text{ mÅ} \). This is confirmed by using a similar analytical model as presented in Appendix A, in which the bare-molecule potential energy surfaces are approximated as harmonic oscillators. Because of the simple analytical structure, perturbation theory can be applied to obtain results for arbitrary numbers of molecules, and the change in ground-state bond length is found to be proportional to the squared single-molecule coupling \( g^2 \), not to the squared collective Rabi frequency \( \Omega_R^2 \). We note that, in contrast, the ground-state energy shift is indeed determined by the collective coupling strength, \( \Delta E_0 \propto \Omega_R^2 \). In realistic experimental configurations involving large numbers of molecules, the change in ground-state bond length is thus expected to be minuscule and extremely challenging to measure. This demonstrates that the influence of strong coupling on any specific observable is not immediately obvious, and has to be checked case by case. For some properties, the molecules will behave as if they feel the full collective coupling \( \Omega_R \), while for others, they will show only the change induced by the single-molecule coupling \( g \). These results are also compatible with the experimental observation that the vibrational frequencies in surface-enhanced Raman scattering, which probe the ground-state PES, are not strongly modified under strong coupling [49].

We thus check another observable, and ask whether the ground state will show correlated nuclear motion between distant molecules, as observed in the dark-state surface. This can again be quantified using the expansion of the PES in Eq. (11). Doing so reveals a very small coupling parameter \( \beta \) that to lowest order is proportional to \( g^4 / \omega_s^5 \) [close to zero detuning, \( \omega_s \approx E_x(R) - E_g(R) \)]. This
corresponds to an even higher-order correction than the already small energy or bond-length shifts. Furthermore, like the bond-length shift, it depends on the single-molecule coupling instead of the collective coupling strength. We can thus conclude that in contrast to the excited states, the ground-state nuclear motion of the molecules does not become correlated even in the ultra-strong-coupling limit.

V. CONCLUSIONS AND OUTLOOK

We present a simple model that offers a new perspective on strong coupling with organic molecules. We show under which conditions the molecular properties under strong coupling can be understood by the modification of the potential energy surfaces determining nuclear dynamics under the Born-Oppenheimer approximation. In particular, we find that in many cases of experimental interest where the Rabi splitting is large, the BOA is applicable and provides an intuitive picture of the strongly coupled dynamics. However, we also show that for molecules with fast vibrational modes and large phonon-exciton couplings, the BOA can break down and a more involved picture is necessary. We furthermore demonstrate that the non-BO coupling terms between PES in this case are dominantly due to the change of character between light and matter excitations which can be obtained from simple few-level models without requiring knowledge of the electronic wave functions.

In addition, we show that under collective strong coupling involving more than one molecule, the nuclear dynamics of the molecules in electronic “dark states” that are only weakly coupled to the photonic mode are nonetheless affected by the formation of strong coupling. In particular, we find that the dark state PES describes coupling between the nuclear degrees of freedom of the different molecules.

Finally, we investigate the change of the ground-state properties under ultrastrong coupling, where the Rabi splitting becomes a significant fraction of the transition energy. Using our numerical calculations and a simple analytical model, we show that while the ground-state energy shift is affected by the collective Rabi frequency (which is enhanced by \( \sqrt{N} \) for \( N \) molecules), other properties such as the ground-state bond length depend on the single-molecule coupling strength and are not significantly affected for experimentally realistic parameters.

Our results also lay the groundwork for a further in-depth exploration of the modification of molecular properties under strong coupling. In particular, they provide a simple picture that can be used to understand the modification of chemical reactions, e.g., by lowering a potential barrier along a reaction coordinate. There are also a number of obvious extensions of the simple model presented here that will be explored in the future. These include more realistic models of organic molecules using more degrees of freedom (for example, employing the PES obtained using quantum chemistry packages) and the inclusion of incoherent processes such as decay and decoherence. We note that there has been some recent progress on combining QED with density functional theory [50,51], which could provide complementary information to the model presented here.

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Note added.—Recently, another paper [52] appeared that reports the same molecular observables depend on the single-molecule coupling \( g \), not the collective coupling \( g\sqrt{N} \).

APPENDIX A: MODEL FOR NON-BORN-OPPENHEIMER CORRECTIONS

In this appendix, we derive an analytical model for the non-Born-Oppenheimer corrections \( \hat{C}_n^{i\ell} \) under molecular strong coupling, for a single molecule. We treat the two PES in the single-excitation subspace, \( E_g(R) + \omega_c \) and \( E_e(R) \), coupled by the term \( g\mu_{eg}(R) \). This leads to a \( 2 \times 2 \) BO Hamiltonian of the form

\[
\hat{H}(R) = \begin{pmatrix} E_g(R) + \omega_c & g\mu_{eg}(R) \\ g\mu_{eg}(R) & E_e(R) \end{pmatrix},
\]

which can be easily diagonalized to obtain polariton eigenstates \( |+\rangle = \cos \theta |g1\rangle + \sin \theta |e0\rangle \) and \( |-\rangle = \sin \theta |g1\rangle - \cos \theta |e0\rangle \), where \( |an\rangle \) is short for \( |\phi_n(x; R), n\rangle \), and

\[
\tan 2\theta = \frac{2h(R)}{\delta E(R)},
\]

where we define \( \delta E(R) = E_g(R) + \omega_c - E_e(R) \) and \( h(R) = g\mu_{eg}(R) \). Using \( E_{av}(R) = (E_g(R) + \omega_c + E_e(R))/2 \), the eigenergies are given by

\[
E_{\pm}(R) = E_{av}(R) \pm \frac{1}{2} \sqrt{4h^2(R) + \delta E(R)^2}.
\]

We can now evaluate the non-Born-Oppenheimer coupling terms \( \hat{C}_n^{i\ell} = \langle k| \hat{T}_n |k'\rangle + \langle k| \hat{P}/M |k'\rangle \hat{P} \) within this model, using a series of approximations to obtain simple analytical results. First, we linearize \( \delta E(R) \approx a_0(R - R_c) \) around the point of intersection between the two PES, where \( E_g(R_c) + \omega_c = E_e(R_c) \). Second, in the spirit of the Franck-Condon approximation, we assume that the dipole...
coupling is constant over the range of relevant $R$ values, and set $\hbar(R) = \hbar_0$. Following the same idea, we additionally assume that the electronic wave functions do not change significantly with $R$; i.e., $(\partial/\partial R)|\psi_0(x; R)| \approx 0$. This implies that the change in the polaritonic eigenfunctions $|\pm\rangle$ close to the avoided crossing at $R_c$ is mostly due to the switchover between the two uncoupled surfaces, i.e., the change in $\theta(R)$, not because of an intrinsic change of electronic state with $R$. With these approximations, the correction terms become

$$
\langle -|\hat{P}|+\rangle = \frac{-ia_0\hbar_0}{4\hbar_0^2 + a_0^2(R - R_c)^2}, \quad (A4a)
$$

$$
\langle -|\hat{P}^2|+\rangle = \frac{2a_0^3\hbar_0(R - R_c)}{[4\hbar_0^2 + a_0^2(R - R_c)^2]^2}, \quad (A4b)
$$

$$
\langle \pm|\hat{P}|\pm\rangle = \frac{a_0^2\hbar_0^2}{[4\hbar_0^2 + a_0^2(R - R_c)^2]^2}, \quad (A4c)
$$

with the diagonal terms $\langle \pm|\hat{P}|\pm\rangle$ identically zero. Note that diagonal terms correspond only to energy shifts and do not induce additional transitions [32]. The non-Born-Oppenheimer coupling between the polariton surfaces has a Lorentzian shape around the avoided crossing, and as expected, only becomes non-negligible close to it. As shown in Fig. 8, the non-Born-Oppenheimer corrections obtained from this simple model agree almost perfectly with those obtained from the full numerical calculation for our anthracenelike model molecule. The only molecule-specific information entering the model is the PES of the uncoupled molecule and the dipole moment between the coupled surfaces. Specifically, the electronic wave functions are never used here, and their derivative as a function of the nuclear coordinates is not required. This implies that this model could be used to obtain accurate non-BO corrections that describe the transitions between potential surfaces even when the full electronic wave functions of a molecule are not available (e.g., in DFT calculations). The dynamics of the molecule could thus be fully recovered within a potential energy surface picture even when the BOA per se is not applicable.

We now exploit this model to derive a condition for when the BOA becomes applicable, i.e., when the non-BO terms become negligible. We approximate the bare molecular potential energy surfaces as two harmonic oscillators with the same vibrational frequency $\omega_{vib}$ but with an offset in energy and equilibrium position,

$$
E_g(R) \approx \frac{M\omega_{vib}^2}{2} R^2, \quad (A5)
$$

$$
E_e(R) \approx \frac{M\omega_{vib}^2}{2} (R - \Delta R)^2 + \Delta E, \quad (A6)
$$

where without loss of generality, we choose the origin in $R$ and $E$ at the minimum of $E_g(R)$. Note that this model exactly results from the common approximation of linear coupling between a single electronic excitation and a bosonic vibrational mode [53,54]. Within this model, $\delta E(R) = E_g(R) + \omega_e(R) - E_e(R) = a_0(R - R_c)$ is already exactly linear; i.e., the linearization of the energy difference performed above is not an approximation. The constants are given by $a_0 = M\omega_{vib}^2 \Delta R$ and $R_c = \Delta R/2 + (\Delta E - \omega_e)/a_0$. The maximum value of $|\langle +|\hat{P}|M| - \rangle|$, reached at $R = R_c$, is given by $\Delta R \omega_{vib}^2 /(4\hbar_0)$. Comparing this with the energy splitting at that point, $E_e(R_c) - E_g(R_c) = 2\hbar_0$, gives the condition that $\Delta R \omega_{vib}^2 /(8\hbar_0^2)$ must be small compared to the momentum of the respective nuclear wave function (due to the additional $\hat{P}$ operating on the nuclear wave function). The off-diagonal terms $\langle -|\hat{P}^2|2M|+\rangle$ reach a maximum value (again relative to the detuning) of $M\Delta R^2 \omega_{vib}^4/(25\sqrt{5}\hbar_0^6)$ at $R = R_c + \hbar_0/(M\Delta R \omega_{vib}^2)$.

**APPENDIX B: CORRELATION OF STRONGLY COUPLED STATES**

As discussed in Sec. III C, the BOA predicts correlation in the nuclear motion under local excitation of a single molecule, even in the dark-state PES with only small contribution of the photonic motion. In order to verify this, and to quantify the range of applicability of the BOA, here we calculate the steady-state wave function of the two molecules under external driving of a single molecule. From first-order perturbation theory, the driven steady state is given by

$$
|\psi_1^{\mu}(\omega)\rangle = \frac{1}{H - \omega_0 - \omega - i\epsilon} \mu_1 |\psi_0\rangle, \quad (B1)
$$

![FIG. 8. Non-Born-Oppenheimer correction terms coupling the “lower polariton” and “upper polariton” PES for a single anthracenelike model molecule for a coupling strength of $g = 0.002$ a.u. Solid colored lines: results from a full numerical calculation. Dashed black lines: results from the model Eq. (A4). Note that while all results are given in atomic units, the units of the $\hat{P}$ and $\hat{P}^2$ terms are not identical, and thus not directly comparable.](image-url)
which we solve using the full Hamiltonian. We again use a nonzero ε to artificially represent losses in the system (for the results below, we choose ε = 2.5 meV, corresponding to an effective decay rate of 5 meV). While the eigenstates of the Hamiltonian split into quasidegenerate symmetric and antisymmetric superpositions (which show large correlation) for any nonzero g, the nonzero value of ε leads to a smearing of the energy resolution, such that the degeneracy is effectively lifted and the superposition of only a single molecule being excited is observed in the steady state for small enough g. We then calculate the joint nuclear probability distribution $P(R_1, R_2)$ of the driven steady-state wave function $|\psi^P(\omega)\rangle$ and evaluate its mutual information $I = \int P(R_1, R_2) \log_2[P(R_1, R_2)/P(R_1)P(R_2)]dR_1dR_2$ [55]. For the ground state of two coupled harmonic oscillators, $I$ can be analytically calculated as

$$I_0 = \log_2 \frac{\sqrt{2 - \beta/\alpha + \sqrt{\beta/\alpha + 2}}}{2\sqrt{4 - \beta^2/\alpha^2}}. \quad (B2)$$

In order to compare with the predictions obtained from the ratio $\beta/\alpha$ for the PES, we choose driving frequencies $\omega$ equal to the vibrational ground-state energies of each PES. The dashed lines in Fig. 9 show that, as could be expected, at zero coupling ($g = 0$) there is no correlation under driving of a single molecule. As $g$ increases, the mutual information quickly increases and actually becomes significantly larger than the BO ground-state values for the DS and UP PES. In this region, there is a series of avoided crossings, and the results are expected to depend strongly on the correct description of decay and dephasing, which we treat only phenomenologically. For larger $g$, where the BOA becomes valid, the mutual information in the driven steady state agrees very well with the mutual information as predicted from the coupling $\beta/\alpha$ in the Taylor expansion of the PES. Interestingly, the agreement between the full calculation and the BO result for the LP PES is very good even at relatively low coupling strengths. This is a consequence of the fact that the LP ground state is well isolated in energy, while the DS and UP surfaces are not. We believe that this property is also related to the experimentally observed fast nonradiative decay of upper polariton states, which can take place efficiently close to avoided crossings of the PES (where the BOA breaks down).


