

PHYSICAL AND SPORTING ACTIVITY SCIENCES DEGREE

ACADEMIC YEAR 2007/2008

Degree	Physical and Sporting Activity Sciences
Centre	Faculty of Education: Universidad Autónoma de Madrid Campus de Cantoblanco 28049 – Madrid Phone: 914978623 Web page
Academic Credits	300
1 st and 2 nd cycle	

Total Credits	Compulsory Credits	Optional Credits	Free Election Credits	Total
First Cycle	136,5	0	18	154,5
Second Cycle	103,5	30	12	145,5
Total	240	30	30	300

FIRST CYCLE

First Course	Compulsory Credits 63	Optional Credits 0	Free Election Credits 18*
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Code	Subject	Type	Credits	Semester
15202	Human Anatomy	(Tr)	6	1
15203	Fundaments and Didactics of Athletic Skills	(Tr)	6	2
15206	Sports and Physical Education Psychology	(Tr)	9	Annual
15207	Sports Theory and History	(Tr)	9	Annual
16053	Learning and Motor Development	(Tr)	9	Annual
15213	Basic Motor Functions	(Tr)	12	Annual
15217	Fundaments of Aquatic Sports Abilities and its Didactics	(Tr)	6	1
15209	Human Physiology	(Tr)	6	2

Second Course	Compulsory Credits 73,5	Optional Credits 0	Free Election Credits 18*
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Code	Subject	Type	Credits	Semester
15210	Human Biomechanics	(Tr)	6	1
15211	Fundaments of Wrestling Sports Abilities and its Didactics	(Tr)	6	1
15212	Fundaments of Individual Sports Abilities and its Didactics	(Tr)	6	1
15214	Sports Sociology	(Tr)	4,5	2
15215	Analysis of Data Related to Motor Performance	(Ob)	6	2
15216	Sports Facilities and Human Resources	(Ob)	6	1
15220	Special Physical Education	(Ob)	6	1
15208	Fundaments of Sports Strategy and Tactics	(Ob)	6	1
16027	Fundaments of Associative Sports Abilities and its Didactics	(Tr)	9	2
15221	Physical Training and Keep-fit Techniques	(Ob)	6	2
15218	Fundaments of Gymnastic Acrobatic and Rhythmic Abilities and its Didactics	(Tr)	6	2
15222	Functional Valorisation of Human Movement	(Ob)	6	2

SECOND CYCLE

Third Course	Compulsory Credits	Optional Credits	Free Election Credits
	55,5	12	12**

Code	Subject	Type	Credits	Semester
15244	Physical Education and Health	(Tr)	4,5	1
15245	Sports and Recreational Activities	(Tr)	4,5	1
15246	Structure and Organization of Sports Institution	(Tr)	4,5	1
15247	Sports and Physical Activities Planning and Management I	(Tr)	6	1
15248	Sports and Physical Activities Planning and Management II	(Tr)	6	2
15249	Sports and Physical Activities Didactics I	(Tr)	6	2
15250	Sports Training Systems I	(Tr)	4,5	2
15251	Sports Performance Psychology	(Tr)	4,5	1
16028	Body Expression	(Tr)	9	2
15253	New Trends in Physical Activities	(Ob)	6	2

Fourth Course	Compulsory Credits	Optional Credits	Free Election Credits
	48	18	12**

Code	Subject	Type	Credits	Semester
15254	Physical Activities for Special Social Groups	(Tr)	4,5	1
15255	Physical Activities in Natural Environments	(Tr)	4,5	2
15256	Sports and Physical Activities Didactics II	(Tr)	6	2
15257	Sports Training Systems II	(Tr)	4,5	1
15258	Practicum	(Tr)	12	2
15259	Technologies and Physical Activities	(Ob)	6	1
16056	Sports Enterprises	(Ob)	4,5	1
16057	Society, Sports, and Education	(Ob)	6	1

(Tr): Troncal = Compulsory Credits

(Ob): Obligatorio = Compulsory Credits

(Op): Optativo = Optional Credits

Optional Subjects Offer in the Second Cycle

Code	Subject	Type	Credits
16036	Prevention and First Aids in Physical and Sports Activities	6	***
16037	Physical Activity for Adults and the Third Age	6	***
16038	Physical Activities for the Handycapped	6	***
16039	Practicum in Planning and Organization of Sports and Recreational Activities for Special Social Groups	6	***
16040	Physical and Sports Activities Assessment	6	***
16041	Analysis of the Teaching of Physical Education	6	***
16042	The Professional Area of the Teacher of Physical Education: Development, Challenges and Perspectives in 21th Century	6	***
16043	Physical Education and Research: The Teaching as a Practice and as a Research Area	6	***
16044	Monographic Sports I	6	***
16045	Monographic Sports II	6	***
16046	Assessment of the Sports Performance	6	***
16047	Practicum in Sports Training	6	***
16048	Sports Activities Management	6	***
16049	Legal Regulation for Professionals of Physical and Sports Activities	6	***
16050	New Trends in Sports Leisure	6	***
16051	Practicum in Sports Management	6	***