



Asignatura: trabajar en equipo
Código:
Centro: Psicología
Titulación: todas
Nivel: Grado
Tipo: Transversal
N.º de Créditos: 6

1. ASIGNATURA / COURSE TITLE

Trabajar en equipo
TEAMWORK

1.1. Código / Course number

1.2. Materia/ Content area

1.3. Tipo /Course type

TRANSVERSAL

1.4. Nivel / Course level

GRADUATE

1.5. Curso / Year

1.6. Semestre / Semester

SECOND

1.7. Número de créditos / Credit allotment

6 ECTS

1.8. Requisitos previos / Prerequisites

NONE

1.9. Requisitos mínimos de asistencia a las sesiones presenciales/ Minimun attendance requirement

Students may not miss more than 10% of the sessions, as the essential element of the course will be their participation on different practical problems, carried on by into small groups of 3-5 people. Such exercises will aim to experience and learn the contents the program so they can develop the skills



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needed for teamwork and have an applied vision. Students who miss more than 10% of the sessions will be qualified as: “No presentado”

Datos del equipo docente / [Faculty data](#)

ALBERTO BECERRA (Dpcho. 78, Mod. 4, alberto.becerra@uam.es)

RAMON RICO (Dpcho. 7, Mod. Anexo, ramón.rico@uam.es)

1.10. Objetivos del curso / [Course objectives](#)

The aims of the Teamwork course are:

First, to provide students with relevant and current knowledge, both theoretical and practical, concerning the study of processes and practices involving teamwork.

Second, to train students in the acquisition of basic knowledge, skills and abilities (KSA's) for teamwork. In particular:

Interpersonal KSAs:

- Team conflict management.
- Collaborative team problem solving.
- Team communication.

Self-management KSAs:

- Goal setting and team performance management.
- Team coordination and planning.

And third, to promote reflection and critical thinking about the consequences of using different teamwork strategies, so that the student will be aware of both the functional and positive, and the potential dysfunctional aspects and losses relating to its practice.

1.11. Contenidos del programa / [Course contents](#)

Introduction: Do we need teams?

I. Conceptual Foundations: inputs, mediators and outcomes

II. What are the basic KSAs for teamwork?



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III. Team conflict management.

IV. Collaborative team problem solving.

V. Team communication.

VI. Goal setting and team performance management.

VII. Team coordination and planning.



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1.12. Referencias de consulta / Course bibliography

Basic References:

Rico, R., Alcover, C.M. y Tabernero, C. (2010). Efectividad de los Equipos de Trabajo, una revisión de la última década de investigación (1999-2009). *Revista de Psicología del Trabajo y de las Organizaciones*, 26: 47-71.

West, M.A. (2003). *El trabajo eficaz en equipo: 1+1=3*. Barcelona: Paidós Plural.

West, M.A. (2012). *Effective teamwork: Practical lessons from organizational research (3rd Ed.)*. BPS: Blackwell. Versión previa en castellano: (West, M.A. (2004). *Los secretos de la gestión de los equipos de trabajo*. Barcelona: Blume Empresa.)

Steward, G.L., Manz, C.M. & Sims, H.P. (2003). *Trabajo en Equipo y Dinámica de Grupos*. Mexico: Limusa-Wiley.

2. Métodos Docentes / Teaching methodology

Teaching methods will foster experiential and problem based learning. All units will have a part for clarification of contents, framework, and strategies for action. Whenever pertinent it will be given specific recommended readings to further analyze and study.

The essential element of the course will be practical problems, performed by students into small groups of 3-5 people. Such exercises will aim to experience and learn the program contents in a way they can develop the skills needed for teamwork.

Practical problems will be based on structured exercises, group dynamics, simulation games, discussions with practitioners, case studies and audiovisual materials and documentaries, etc...

Activities	ECTS
Theoretical Sessions	2,0
In-class Activities	3,5
Office-hours/others	0,5
Total hours	6



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3. Tiempo de trabajo del estudiante / **Student workload**

Activities	In-class hours	Student work hours	Total Hours
Theoretical Sessions	25	20	45
In-class Activities	44	53	97
Office-hours/others	6	2	8
Total hours	75 (50%)	75 (50%)	150 (6 ECTS)

4. Métodos de evaluación y porcentaje en la calificación final / **Evaluation procedures and weight of components in the final grade**

SUBJECT ASSESSMENT CRITERIA	
ACTIVITY:	PERCENTAGE:
Exam:	
Teamwork Simulation Test.	50%
In-Class practical exercises:	
Participation and following of in-class exercises.	50%
TOTAL	100 %

In order to be able to participate in the final exam, students must get involved in classroom exercises showing enough level of achievement.

Students who do not participate in the final exam will be rated as: "no presentado".



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5. Cronograma* / Course calendar

Week	Content	In-class hours	Student work hours
1 & 2	Introduction and Unit I.	10	16
3	Unit II.	5	5
4	Unit III.	5	5
5	Unit III.	5	4
6	Unit III.	5	5
7	Unit IV.	5	4
8	Unit IV.	5	5
9	Unit V.	5	4
10	Unit V.	5	5
11	Unit V.	5	5
12	Unit VI.	5	4
13	Unit VI.	5	5
14	Unit VII.	5	4
15	Unit VII.	5	5
16	ASSESSMENT		

*This schedule is orientative.